





## OUR FOUR PILLARS

– Respect, Listen, Understand, Communicate™ – create the foundation for taking action to improve lives and society.

Respect is the first pillar of The Students Commission of Canada. First, **respect** for young people and their capacity to improve the world. Second, respect for the gift that each person carries within.

With respect as our foundation, we learn to **listen**. We listen not just with our ears, but with our heads, hearts and all our senses.

From listening comes understanding. To **understand** is to go beyond listening, to process what we have heard. Understanding creates new knowledge, new skills. If we truly understand who others are, and who we are, we can work together as equals, valuing

differences and building upon similarities and common goals. We understand the problems each of us faces, and the hopes and aspirations each of us has. Understanding creates the conditions for working effectively together.

If people really understand each other, then they can **communicate** — our fourth pillar.

When people truly communicate, the obstacles fall away. Communication is the first action. With communication, we create action plans and implement them with practical projects that make a positive difference.

# FIRST ACTION :



The Students Commission  
Centre of Excellence for Youth Engagement

[www.studentscommission.ca](http://www.studentscommission.ca)

The Students Commission  
23 Isabella St., Toronto, ON  
M4Y 1M7, Tel: 416-597-8297

So our expectations for all of us, no matter what our ages, are:

- That we take care of each other and work together so that all participants have a great time! That we ensure that all participants get an opportunity to contribute.
- That all participants and facilitators be treated with respect.
- That we understand that our personal conduct will affect the forum outcome, positively or negatively.
- That the use of alcohol and/or mind-altering drugs by anyone of any age gets in the way of true communication and action and is not acceptable while at the Forum.
- That we wear our name tags where they are visible so we can get to know each other better.



- That we respect our hosts and leave the facilities as we found them on arrival.
- That we report all sickness, injury, and concerns to our facilitators.
- That we abide by The Students Commission's four pillars: **Respect, Listen, Understand and Communicate.™**



## OUR FOUR PILLARS

– Respect, Listen, Understand, Communicate™ – create the foundation for taking action to improve lives and society.

Respect is the first pillar of The Students Commission of Canada. First, **respect** for young people and their capacity to improve the world. Second, respect for the gift that each person carries within.

With respect as our foundation, we learn to **listen**. We listen not just with our ears, but with our heads, hearts and all our senses.

From listening comes understanding. To **understand** is to go beyond listening, to process what we have heard. Understanding creates new knowledge, new skills. If we truly understand who others are, and who we are, we can work together as equals, valuing

differences and building upon similarities and common goals. We understand the problems each of us faces, and the hopes and aspirations each of us has. Understanding creates the conditions for working effectively together.

If people really understand each other, then they can **communicate** — our fourth pillar.

When people truly communicate, the obstacles fall away. Communication is the first action. With communication, we create action plans and implement them with practical projects that make a positive difference.

# FIRST ACTION :



The Students Commission  
Centre of Excellence for Youth Engagement

[www.studentscommission.ca](http://www.studentscommission.ca)

The Students Commission  
23 Isabella St., Toronto, ON  
M4Y 1M7, Tel: 416-597-8297

So our expectations for all of us, no matter what our ages, are:

- That we take care of each other and work together so that all participants have a great time! That we ensure that all participants get an opportunity to contribute.
- That all participants and facilitators be treated with respect.
- That we understand that our personal conduct will affect the forum outcome, positively or negatively.
- That the use of alcohol and/or mind-altering drugs by anyone of any age gets in the way of true communication and action and is not acceptable while at the Forum.
- That we wear our name tags where they are visible so we can get to know each other better.



- That we respect our hosts and leave the facilities as we found them on arrival.
- That we report all sickness, injury, and concerns to our facilitators.
- That we abide by The Students Commission's four pillars: **Respect, Listen, Understand and Communicate.™**

