

Influence in Action Survey

Hi, you haven't met us yet, but you will soon!!!

This survey will help bring a program to your school that encourages students to think critically about information, to be leaders, and to get involved in activities that are good for them and for others.

We, at The Students Commission and the Centre of Excellence for Youth Engagement, are asking you to name students who you respect and have an impact on you.

From those you name, we will choose a representative group of students to come and learn about the program. Then they will bring the program to your school.

We'd also like to ask you a very short quiz about some of the subjects the students will learn about to see what you know now. At the end of the program, we'd like to ask you these questions again.

All your answers are confidential; no one at the school will know how you answered. This sheet with your name on it will be separated from the survey before you start answering and put into a sealed envelope. You will see this happen.

You do not have to answer any questions that you don't want to. It's a really short survey. We promise. Thanks so much for listening, reading and writing. We appreciate it!!!!

| | Day | Month | Year |
|----------------------------|-----|-------|------|
| Date of Birth: | | | |
| Last Name (Please Print): | | | |
| First Name (Please Print): | | | |

Influence in Action

| Please write as clearly as you can. | | | | | | |
|--|---|-----------|--|--|--|--|
| Please do not name yourself or your to | Please do not name yourself or your teacher ☺ | | | | | |
| | | | | | | |
| | First Name | Last Name | | | | |
| Mho do you roop of in | | | | | | |
| Who do you respect in your grade? | | | | | | |
| your grade: | | | | | | |
| | | | | | | |
| Who is a good leader | | | | | | |
| in sports and other | | | | | | |
| group activities in your | | | | | | |
| grade? | | | | | | |
| | | | | | | |
| Who is another good | | | | | | |
| leader in sports and | | | | | | |
| other group activities in | | | | | | |
| your grade? | | | | | | |
| Who do you look up to | | | | | | |
| in your grade? | | | | | | |
| m your grade. | | | | | | |
| | | | | | | |
| What group do you consider yourself a part of? Check ONE. | | | | | | |
| | | | | | | |
| Honour roll/brainersBand/artsyJocksCool kids | | | | | | |
| | , | _ | | | | |
| TroublemakersStonersAlternativeOther | | | | | | |
| | | | | | | |
| If you are on facebook, how many facebook friends do you have? | | | | | | |
| , | | | | | | |



| Please circle the response that best represents your thoughts. If you don't know or understand the sentence please circle number 6. | Strongly Agree | | Somewhat agree | | Strongly disagree | l don't know |
|---|-------------------|---|----------------|---|----------------------|-----------------|
| The teenage brain is rapidly developing and changing. | 1 | 2 | 3 | 4 | 5 | 6 |
| One slice of pizza has more salt than a person needs for a day. | 1 | 2 | 3 | 4 | 5 | 6 |
| Participating in activities like clubs and sports reduces the chances of young people getting into trouble. | 1 | 2 | 3 | 4 | 5 | 6 |
| Drinking more than 5 drinks of alcohol at one time is considered risky binge drinking. | 1 | 2 | 3 | 4 | 5 | 6 |
| Most teenagers in Canada have never tried marijuana (weed/pot). | 1 | 2 | 3 | 4 | 5 | 6 |
| When young people have accurate information, they are less likely to get into trouble. | 1 | 2 | 3 | 4 | 5 | 6 |
| Possessing small amounts of weed for personal use is legal in Canada. | 1 | 2 | 3 | 4 | 5 | 6 |
| Healthy young people are physically active for 30 to 60 minutes each day. | 1 | 2 | 3 | 4 | 5 | 6 |
| A person can be charged with "trafficking" weed by simply giving it to a friend. | 1 | 2 | 3 | 4 | 5 | 6 |
| Weed does not affect memory. | 1 | 2 | 3 | 4 | 5 | 6 |
| I am able to support my friends making good choices. | 1 | 2 | 3 | 4 | 5 | 6 |
| Guidelines say adult women should have a maximum of 7 drinks of alcohol per week to be healthy. Adult men 14 drinks, or a maximum of 2 per day. | 1 | 2 | 3 | 4 | 5 | 6 |
| I look at the pros and cons before I do something. | 1 | 2 | 3 | 4 | 5 | 6 |
| Weed is associated with schizophrenia. | 1 | 2 | 3 | 4 | 5 | 6 |