



Jeopardy: Answers

Sources of Influence	The Four Pillars	Critical Thinking	Marijuana Facts	The Stages of Change
<p>\$100</p> <p>This category of influencers includes teachers, school, neighborhood, and peers.</p> <p>Answer: Community</p>	<p>\$100</p> <p>This pillar is about valuing people, their experiences, and their diversity. This pillar is about actively seeking and valuing the gifts and experiences of all those with whom we work and live.</p> <p>Answer: Respect</p>	<p>\$100</p> <p>Soccer is played with a ball.</p> <p>Answer: Fact</p>	<p>\$100</p> <p>Myth or Fact?: Marijuana smoke contains tar and other cancer-causing agents</p> <p>Answer: Fact (CAMH, 2006)</p>	<p>\$100</p> <p>People in this stage aren't critically evaluating their decision to use marijuana. They don't even think they want to change. They might say things like 'I don't have a problem,' or 'I don't need to change.'</p> <p>Answer: Pre-contemplation</p>
<p>\$200</p> <p>Name one example of a source of influence from the "Society" group.</p> <p>Answer: Books, media, news, or government.</p>	<p>\$200</p> <p>This pillar is about paying attention to people to gather information, hear their voice, and learn from them.</p> <p>Answer: Listen</p>	<p>\$200</p> <p>Chocolate ice-cream is better than vanilla ice cream –</p> <p>Answer: Opinion</p>	<p>\$200</p> <p>What are 3 pro's of using marijuana?</p> <p>Answer: Satisfy curiosity, meet social expectations, relax, have better time at parties, helps to deal with stress, easier time getting to sleep, have fun, better sex</p>	<p>\$200</p> <p>In this stage, people are thinking about the behaviour and that they may want to change it. They might say things like, "Sometimes I think I have a problem, and sometimes I don't."</p> <p>Answer: Contemplation</p>

<p>\$300</p> <p>A person's values, beliefs, opinions, and attitudes are what shape their _____</p> <p>Answer:</p> <p>Intentions or behaviour</p>	<p>\$300</p> <p>This pillar goes beyond listening, to process what we have heard, to reflect upon the new knowledge and gifts given to us.</p> <p>Answer:</p> <p>Understand</p>	<p>\$300</p> <p>A study shows that honey is the only food that doesn't expire –</p> <p>Answer:</p> <p>Credible</p>	<p>\$300</p> <p>What are 3 cons of using marijuana?</p> <p>Answer:</p> <p>Cost, Arguments with parents, girlfriend / boyfriend, Legal charges, Interferes with medication</p>	<p>\$300</p> <p>In this stage, decisions are made to change the behaviour. People in this stage might say, "I know I need to make changes. I have done a few things that show I am ready to begin."</p> <p>Answer:</p> <p>Preparation</p>
<p>\$400</p> <p>What source of influence is missing from the following category Community? There are 3, which is the 4th?</p> <p>Teachers, School, Peers and _____.</p> <p>Answer:</p> <p>Neighborhood</p>	<p>\$400</p> <p>This pillar is about expressing your voice to others.</p> <p>Answer:</p> <p>Communicate</p>	<p>\$400</p> <p>A friend says that it's okay not to eat breakfast just as long as you have a large lunch to make up for it you will be fine.</p> <p>Answer:</p> <p>Not Credible</p>	<p>\$400</p> <p>What are 3 pros of not using marijuana?</p> <p>Answer:</p> <p>No hangovers, do better in school, be able to concentrate better, better memory</p>	<p>\$400</p> <p>People in this stage are acting on their decisions and intentions. They might say things like, "I have begun to make changes or I have made the changes I want to make."</p> <p>Answer:</p> <p>Action</p>
<p>\$500</p> <p>Your values and opinions influence your _____?</p> <p>Answer:</p> <p>Attitude</p>	<p>\$500</p> <p>This is the order that The Four Pillars go in.</p> <p>Answer:</p> <p>Respect, Listen, Understand and Communicate.</p>	<p>\$500</p> <p>Is the following reliable or accurate? 2.3 million Canadians are affected by asthma according to statistics Canada.</p> <p>Answer:</p> <p>Trick question, Both</p>	<p>\$500</p> <p>What are 3 cons of not using marijuana?</p> <p>Answer:</p> <p>Bored, nothing in common with friends will need to make changes too stressful</p>	<p>\$500</p> <p>This stage of change is about maintaining the changes that have been made. People in this stage might say, "I haven't smoked for almost a year."</p> <p>Answer: Maintenance</p>

Facilitator Tip: Some of these questions are hard, so you may want to give hints like telling the group what the first letter of the answer is or