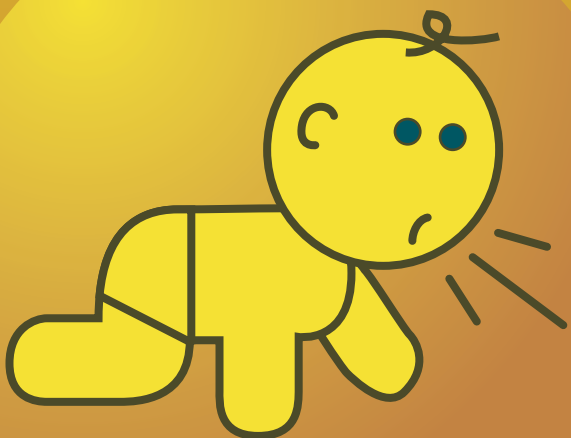


# ALCOHOL USE



**During the five year period ending in 2009 there was a 9.1% drop in the number of youth, age 18 - 24 years, who had ever tried alcohol.<sup>1</sup>**



#### ***Even small amounts can have lasting effects***

Fetal Alcohol Spectrum Disorder (FASD) is a term used to describe a range of problems affecting babies whose mothers drank alcohol during pregnancy. Effects may include developmental disorders, physical deformity, trouble remembering, reasoning and learning.<sup>2</sup>

Sources: :

1. Canadian Alcohol and Drug Use Monitoring Survey (CADUMS) 2009, [http://www.hc-sc.gc.ca/hc-ps/drugs-drogues/stat/\\_2009/tables-tableaux-eng.php#t7](http://www.hc-sc.gc.ca/hc-ps/drugs-drogues/stat/_2009/tables-tableaux-eng.php#t7)
2. , Centre for Addictions Research of BC, <http://www.heretohelp.bc.ca/publications/factsheets/fasd>