INCREASED GRADUATION RATES OF RACIALIZED YOUTH

who are farthest away from opportunities

Young people face complex barriers to graduation that extend well beyond the classroom. We need coordinated efforts across sectors to truly support academic success.²² Here's a snapshot of the research:

HEALTH

- Young people with mental health disorders are at a greater risk of dropping out and ending up incarcerated.¹
- Youth who are supported by at least one caring and consistent adult find it easier to develop their identity,
 empathize, and regulate their emotions.²
- Youth who experience racial discrimination are more likely to have lower grades, more problem behaviours, and poorer mental health.³
- Racialized students are less likely to meet daily physical activity guidelines compared with White students.⁴
- 18% of Toronto students reported that they did not feel comfortable talking to anyone about their personal problems.⁵

EDUCATION/ECONOMIC RESOURCES

- Students born in English-speaking Caribbean, Eastern Africa, and Central and South America and Mexico are less likely to graduate (50.8%, 69.2%, and 70% respectively vs 83% overall grad rate).⁶
- Students from low-income households are 17% less likely to graduate, and 24% less likely to pass the OSSLT.⁷
- School belonging is key to the relationship between student motivation and academic success, particularly for African-American and Latin American students.⁸
- Racialized families and individuals are 1.5-3 times more likely to live in poverty than the general Toronto population.⁹

ENGAGEMENT

- There is a strong link between sense of community belonging and physical and mental health.¹⁰
- Youth involvement in a range of extracurricular activities is linked to higher grades and educational expectations.¹¹
- Young people who are civically engaged have higher self-esteem and grades, are more physically active, and show more commitment to their friends, families and communities.¹²
- Low voter turnout is the greatest among Aboriginal, ethnocultural and unemployed youth as well as youth with disabilities or special needs. ¹³

JUSTICE

- Self-identified Black (8.6%), Latin American (3.6%), Mixed (4.8%) and Middle Eastern (4.1%) students have relatively higher suspension rates. ¹⁴
- 34.7% of youth charged with a violent offence are unemployed and not in school.¹⁵
- Racialized students are more likely than White
 students to recognize discrimination in the way they are treated by teachers, use of suspensions, school's use of police and police treatment.¹⁷
- There is a strong link between suspension & expulsions in school and involvement in the criminal justice system.¹⁶

SAFETY

- Students of West African and Caribbean background
 are less likely than their peers, to feel their school is a safe and welcoming place.¹⁸
- LGBTQ students are much more likely to experience bullying, including insults, exclusion, theft, physical bullying and cyber bullying.¹⁹
- Black/African Americans and Latin American youth who are victimized in school are at higher risk of dropping out.²⁰
- Danger and violence in a young person's community is associated with poorer educational outcomes.²¹

CITY: BUILDING AN INTEGRATED SYSTEM OF CARE AND SUPPORT.



- The United Nations Children's Fund (2002). Adolescence: a time that matters. (ISBN: 92-806-3737-1). (2002) New York: The United Nations Children's Fund (UNICEF). Retrieved from: http://www.unicef.org/publications/files/pub_adolescence_en.pdf
- Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youthopportunities/steppingup/ste ppingup.pdf
- Wong, C. A., Eccles, J. S., & Sameroff, A. (2003). The influence of ethnic discrimination and ethnic identification on African American adolescents' school and socioemotional adjustment. Journal of Personality, 71, 1197-1232.
- Toronto Public Health (2014). Healthy Futures: 2014 Toronto Public Health Student Survey. Toronto, Ontario: Toronto Public Health. Retrieved from: https://www1.toronto.ca/City%200f%20Toronto/ Toronto%20Public%20Health/Performance%20&%20Standards/Healthy%20School/Files/pdf/ StudentHealthSurveyWeb.pdf
- Toronto Public Health (2014). Healthy Futures: 2014 Toronto Public Health Student Survey. Toronto, Ontario: Toronto Public Health. Retrieved from: https://www1.toronto.ca/City%200f%20 Toronto/Toronto%20Public%20Health/Performance%20&%20Standards/Healthy%20School/Files/pdf /StudentHealthSurveyWeb.pdf
- The Toronto District School Board (2012). TDSB Grade 9 Cohort 2006-2011: Trend Data Fact Sheet No.1 & 2. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/Community/Community%20Advisory%20committees/ICAC/ research/September%202012%20Cohort%20dataAcrobat%20Document.pdf
- The Toronto District School Board (2012). TDSB Grade 9 Cohort 2006-2011: Trend Data Fact Sheet No.1 & 2. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/Community/Community%20Advisory%20 committees/ICAC/research/September%202012%20Cohort%20dataAcrobat%20Document.pdf
- 8. The Toronto District School Board (2014). The 2013-2014 Environmental Scan of the Toronto District School Board. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/2013-2014TDSBEnvironmentalScan.pdf
- City of Toronto (2015). TO Prosperity: Interim Poverty Reduction Strategy (Reference No: AFS # 20364). Toronto, Ontario, Canada: City of Toronto. Retrieved from: http://www.toronto.ca/ legdocs/mmis/2015/ex/bgrd/backgroundfile-81607.pdf
- 10. The Toronto Foundation (2013). Toronto's Vital Signs: 2013 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://torontosvitalsigns.ca/
- Busseri, M. A., Rose-Krasnor, L., Willoughby, T. & Chalmers, H. (2006). Longitudinal examination of breadth and intensity of youth activity involvement and successful development. Developmental Psychology, 42, 1313-1326.
- 12. Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youthopportunities/steppingup/ steppingup.pdf

- Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youthopportunities/steppingup/ste ppingup.pdf
- The Toronto District School Board (2013). Suspension Rates by Students' Demographics and Family Background Characteristics. TDSB FACTS: Caring and Safe Schools: Issue 3, 2013. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/CaringSafeSchoolsCensus201112.pdf
- Busseri, M. A., Rose-Krasnor, L., Willoughby, T. & Chalmers, H. (2006). Longitudinal examination of breadth and intensity of youth activity involvement and successful development. Developmental Psychology, 42, 1313-1326.
- Rocque, M. & Paternoster, R. (2011). Understanding the antecedents of the "school-to-jail" link: The relationship between race and school discipline. The Journal of Criminal Law & Criminology, 101, 633-665.
- Ruck, M. D. & Wortley, S. (2002). Racial and ethnic minority high school students' perceptions of school disciplinary practices: A look at some Canadian findings. Journal of Youth and Adolescence, 31, 185-195.
- The Toronto District School Board. (2015) Ethno-Racial Series: Black Student Report. Census Portraits: Understanding Our Students' Backgrounds (Report No: 14/15-15).Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/research/docs/reports/Portrait_Census2011-12_Black_FINAL_report. pdf
- The Toronto Foundation (2013). Toronto's Vital Signs: 2013 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://torontosvitalsigns.ca/
- Peguero, A. A. (2011). Violence, schools, and dropping out: Racial and ethnic disparities in the educational consequence of student victimization. Journal of Interpersonal Violence, 26, 3753-3722.
- Bowen, N. K. & Bowen, G. L. (1999). Effects of crime and violence in neighborhoods and schools on the school behavior and performance of adolescents. Journal of Adolescent Research, 14, 319-342.

Milam, A. J., Furr-Holden, C. D. M., & Leaf, P. J. (2010). Perceived school and neighborhood safety, neighborhood violence and academic achievement in urban school children. Urban Review, 42, 458-467.

 John Hopkins University (2016). Social Determinants of Education. Urban Health Institute, Baltimore MD: John Hopkins University. Retrieved from: http://urbanhealth.jhu.edu/Social_Determinants_of_Health/SDE.html



HEALTH

- Positive student relationships (with parents, peers, teachers) have a strong link to emotional wellbeing.⁹
- Self-identified Aboriginal, Black, and Southeast Asian students have the highest rates of screen time.¹
- 73% of students between Grades 9-12 worry about their future.⁵
- One in ten Ontario youth has experienced feeling suicidal or wanting to inflict self-harm³
- Young people with mental health disorders are at a greater risk of dropping out and ending up incarcerated.⁴
- Students who eat well and exercise regularly have improved academic achievement.³
- 1 in 5 young people are affected by mental health problems; however fewer that 25% of these youth receive specialized treatment.³

- Youth who are supported by at least one caring and consistent adult find it easier to develop their identity, empathize, and regulate their emotions.³
- Youth who experience racial discrimination are more likely to have lower grades, more problem behaviours, and poorer mental health.⁸
- Youth who have a strong connection to their ethnic identity are less likely to be negatively impacted by discrimination.⁸
- Positive school environments and higher levels of teacher support are associated with better mental health and fewer behavioural problems for students.²
- Toronto's youth obesity rate in 2014 was 27%; higher than both the provincial and national average.⁶
- Only 7% of Toronto youth meet Canada's physical activity guidelines.⁶
- In 2014, 1 in 10 students reported purposely hurting themselves and seriously considering suicide.⁶

- 45% of individuals who suffer from mental health problems will experience difficulties such as learning problems, substance use, risk-taking behaviour, and criminal behaviour.⁷
- Racialized students are less likely to meet daily physical activity guidelines compared with white students.⁷
- Newcomer youth are less likely to meet vegetable and fruit consumption guidelines, compared with Canadian-born students.⁷
- 18% of Toronto students reported that they did not feel comfortable talking to anyone about their personal problems.⁷





- Erling, S., Rosolen, L., & Archer, B. (2014). TDSB Students: Physical Activity and Screen Time. TDSB FACTS: 2011 –12 Student and Parent Census, Issue 4, April 2014. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/2011-12CensusFS4-PhysicalActivityScreenTime-FINALMay6_2014.pdf
- Freeman, J. G., King, M. & Pickett, W. (2011). The Health of Canada's Young People: A mental health focus. Ottawa: Public Health Agency of Canada.
- 3. Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youtho pportunities/steppingup/steppingup.pdf
- The United Nations Children's Fund (2002). Adolescence: a time that matters. (ISBN: 92-806-3737-1). (2002) New York: The United Nations Children's Fund (UNICEF). Retrieved from: http://www.unicef.org/publications/files/pub_adolescence_en.pdf
- The Toronto District School Board. (2014) Children and Youth Mental Health and Wellbeing: Strategic Plan – an overview. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/ward11/TDSB%20Children%20and%20Yo uth%20Mental%20Health%20Strategy%20Overview.pdf
- The Toronto Foundation (2015). Toronto's Vital Signs: 2015 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: https://torontofoundation.ca/sites/default/files/OP-TVS%202015-Full-Re port-PRINTING.pdf

7. Toronto Public Health (2014). Healthy Futures: 2014 Toronto Public Health Student Survey. Toronto, Ontario: Toronto Public Health. Retrieved from:

https://www1.toronto.ca/City%200f%20Toronto/Toronto%20Public%20H ealth/Performance%20&%20Standards/Healthy%20School/Files/pdf/Stu dentHealthSurveyWeb.pdf

- Wong, C. A., Eccles, J. S., & Sameroff, A. (2003). The influence of ethnic discrimination and ethnic identification on African American adolescents' school and socioemotional adjustment. Journal of Personality, 71, 1197-1232.
- Yau, M., Rosolen, L., & Archer, B. (2013). TDSB Students (Grades 7-12): Emotional Well-being (Part 2 of 2). TDSB FACTS: 2011 –12 Student and Parent Census, Issue 3, June 2013. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/2011-12CensusFact Sheet3EmotWellbeingPart2.pdf



EDUCATION/ECONOMIC RESOURCES

- Students born in English-speaking Caribbean, Eastern Africa, and Central and South America and Mexico are less likely to graduate (50.8%, 69.2%, and 70% respectively vs 83% overall grad rate).⁴
- TDSB students of Aboriginal Heritage have lower graduation rates (50%), a higher proportion of students returning the following year (34%), and a higher annual dropout rate (12%) than the overall average.⁵
- Students from low-income households are 17% less likely to graduate, and 24% less likely to pass the OSSLT.⁴
- Heterosexual students are more likely to graduate (82%) than LGBTQ/two-spirited students (69%).⁴
- Self identified Latin and Black students have the lowest confirmed admission to post-secondary (38.7% and 41.4% respectively).⁴
- 61.7% of students born in the English-speaking Caribbean, 50.9% of students from Eastern Africa, and 48.8% of

students from Central/South America & Mexico completed fewer than 16 credits by the end of grade 10 and are subsequently at-risk of not graduating.⁴

- Over 2/3 of TDSB students are from immigrant families.⁵
- School belonging is key to the relationship between student motivation and academic success, particularly African-American and Latin American students.⁵
- In Toronto, only 18.6% of teachers are a visible minority, compared to 42.4% of the population.³
- About half of students using Individual Education Plans (IEP) have not been formally identified.⁵
- Of the 10% of Toronto youth who are not in Education, Employment or Training (NEET), racialized and newcomer youth, aboriginal youth, youth living in poverty or in conflict with the law, youth in and leaving care, LGBTQ youth, and youth with disabilities and special needs are over-represented.⁷

- Racialized, immigrant and newcomer youth are over-represented in the "hidden" homeless population and are among the most vulnerable.⁷
- Black youth experience an unemployment rate of 28.0% and Aboriginal youth, 24.9%.²
- It is estimated that high school drop-outs result in a \$307 billion loss in earning potential over a lifetime (35-year span) and \$623 billion in private healthcare costs.²
- Racialized families and individuals are 1.5-3 times more likely to live in poverty than the general Toronto population.¹
- Racialized groups are consistently overrepresented in lower quality jobs in Toronto.¹
- While childcare, rent, and public transportation have all rise significantly over the past 6 years, employment income in Toronto has fallen.¹
- 40% of young people in Toronto under 17 are living in poverty.⁶



 City of Toronto (2015). TO Prosperity: Interim Poverty Reduction Strategy (Reference No: AFS # 20364). Toronto, Ontario, Canada: City of Toronto. Retrieved from:

http://www.toronto.ca/legdocs/mmis/2015/ex/bgrd/backgroundfile-8160 7.pdf

- Civic Action. (2015). Escalator: Jobs for Youth Facing Barriers. Toronto, Ontario, Canada: Greater Toronto CivicAction Alliance. Retrieved from: http://civicaction.ca/wp-content/uploads/2015/09/Escalator-Progress-R eport-2015.pdf
- Ryan, J., Pollock, K., & Antonelli, F. (2009). Teacher diversity in Canada: Leaky pipelines, bottlenecks, and glass ceilings. Canadian Journal of Education, 32, 591-617.
- 4. The Toronto District School Board (2012). TDSB Grade 9 Cohort 2006-2011: Trend Data Fact Sheet No.1 & 2. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/Community/Community%20Advisory%2 0committees/ICAC/research/September%202012%20Cohort%20dataAcr obat%20Document.pdf

- The Toronto District School Board (2014). The 2013-2014 Environmental Scan of the Toronto District School Board. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/2013-2014TDSBEnvi ronmentalScan.pdf
- 6. The Toronto Foundation (2014). Toronto's Vital Signs: 2014 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://2014.torontosvitalsigns.ca/full-report.pdf
- The Toronto Foundation (2015). Toronto's Vital Signs: 2015 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: https://torontofoundation.ca/sites/default/files/OP-TVS%202015-Full-Re port-PRINTING.pdf





JUSTICE

- One third of Ontario students, grades 7-12, report they have been bullied at school.³
- Students of West African and Caribbean background are less likely than their peers, to feel their school is a safe and welcoming place.⁵
- LGBTQ students are much more likely to experience bullying, including insults, exclusion, theft, physical bullying and cyber bullying.⁶
- Seven Toronto teens under the age of 16 were killed by gun violence in 2013; the highest number in over 2 decades.⁷
- In Toronto, people of African, Asian, Middle Eastern, Caribbean and Latin American backgrounds are much more likely to be living in poverty.⁷
- Approximately 2000 youth in Toronto are homeless on any given night, however there are only 400 beds available in Toronto's 10 youth shelters. This number has remained stable since 2010.⁸

- Black/African Americans and Latin American youth who are victimized in school are at higher risk of dropping out.⁴
- Danger and violence in a young person's community is associated with poorer educational outcomes.^{1,2}
- On any given night in Toronto, approximately 2000 homeless youth are at risk of human trafficking.⁸
- Toronto's youth crime rate is 39% lower than the national average and 22% lower than the provincial. The youth crime rate decreased 45% between 2004 and 2013.⁸
- Toronto is a hub for human trafficking and the majority of human trafficking victims are young females, 15-24 years old.⁸
- Racialized and newcomer youth are over-represented among Toronto's "hidden homeless" population. Many homeless youth have a history of abuse and physical and mental health issues.⁸

- Homeless LGBTQ youth experience higher rates of harassment and violence and are over- represented in the shelter system.⁸
- In 2014, 80.5% of Toronto youth reported feeling a strong sense of belonging to their local community.⁸
- Although only 8.2% of the Toronto's under 18 population is Black, black children and youth make up 41% of youth in care.⁸
- Children who bully others are 37% more likely to commit crimes as adults.³
- Compared with heterosexual students, GBLTTQ students are twice as likely to have experience bullying at least once a month in the past year.⁹





- Brown, R., Newton, L., & Tam, G. (2015). The Toronto District School Board's student group overviews: Aboriginal heritage, Afghan, Portuguese-speaking, Somali-speaking, and Spanish- speaking students. (Research Report No. 14/15-31). Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/research/docs/reports/TDSB%20Student GroupOverviews.pdf
- Busseri, M. A., Rose-Krasnor, L., Willoughby, T. & Chalmers, H. (2006). Longitudinal examination of breadth and intensity of youth activity involvement and successful development. Developmental Psychology, 42, 1313-1326.
- 3. Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youtho pportunities/steppingup/steppingup.pdf
- 4. Rocque, M. & Paternoster, R. (2011). Understanding the antecedents of the "school-to-jail" link: The relationship between race and school discipline. The Journal of Criminal Law & Criminology, 101, 633-665.

- 5. Ruck, M .D. & Wortley, S. (2002). Racial and ethnic minority high school students' perceptions of school disciplinary practices: A look at some Canadian findings. Journal of Youth and Adolescence, 31, 185-195.
- 6. The Toronto District School Board (2013). Suspension Rates by Students' Demographics and Family Background Characteristics. TDSB FACTS: Caring and Safe Schools: Issue 3, 2013. Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/0/AboutUs/Research/CaringSafeSchools Census201112.pdf
- 7. George, P., Gopal, T., Woods, S. (2014). Look at My Life: Access to Education for the Remand Population in Ontario. Canadian Review of Social Policy, 01/2014; 70:34-47



SAFETY

- One third of Ontario students, grades 7-12, report they have been bullied at school.³
- Students of West African and Caribbean background are less likely than their peers, to feel their school is a safe and welcoming place.⁵
- LGBTQ students are much more likely to experience bullying, including insults, exclusion, theft, physical bullying and cyber bullying.⁶
- Seven Toronto teens under the age of 16 were killed by gun violence in 2013; the highest number in over 2 decades.⁷
- In Toronto, people of African, Asian, Middle Eastern, Caribbean and Latin American backgrounds are much more likely to be living in poverty.⁷
- Approximately 2000 youth in Toronto are homeless on any given night, however there are only 400 beds available in Toronto's 10 youth shelters. This number has remained stable since 2010.⁸
- Black/African Americans and Latin American youth who are victimized in school are at higher risk of dropping out.⁴

- Danger and violence in a young person's community is associated with poorer educational outcomes.^{1,2}
- On any given night in Toronto, approximately 2000 homeless youth are at risk of human trafficking.⁸
- Toronto's youth crime rate is 39% lower than the national average and 22% lower than the provincial. The youth crime rate decreased 45% between 2004 and 2013.⁸
- Toronto is a hub for human trafficking and the majority of human trafficking victims are young females, 15-24 years old.⁸
- Racialized and newcomer youth are over-represented among Toronto's "hidden homeless" population. Many homeless youth have a history of abuse and physical and mental health issues.⁸
- Homeless LGBTQ youth experience higher rates of harassment and violence and are over- represented in the shelter system.⁸
- In 2014, 80.5% of Toronto youth reported feeling a strong sense of belonging to their local community.⁸

- Although only 8.2% of the Toronto's under 18 population is Black, black children and youth make up 41% of youth in care.⁸
- Children who bully others are 37% more likely to commit crimes as adults.³
- Compared with heterosexual students, GBLTTQ students are twice as likely to have experience bullying at least once a month in the past year.⁹





- 1. Bowen, N. K. & Bowen, G. L. (1999). Effects of crime and violence in neighborhoods and schoos on the school behavior and performance of adolescents. Journal of Adolescent Research, 14, 319-342.
- 2. Milam, A. J., Furr-Holden, C. D. M., & Leaf, P. J. (2010). Perceived school and neighborhood safety, neighborhood violence and academic achievement in urban school children. Urban Review, 42, 458-467.
- 3. Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youtho pportunities/steppingup/steppingup.pdf
- 4. Peguero, A. A. (2011). Violence, schools, and dropping out: Racial and ethnic disparities in the educational consequence of student victimization. Journal of Interpersonal Violence, 26, 3753-3722.
- The Toronto District School Board. (2015) Ethno-Racial Series: Black Student Report. Census Portraits: Understanding Our Students' Backgrounds (Report No: 14/15-15).Toronto, Ontario, Canada: Toronto District School Board. Retrieved from: http://www.tdsb.on.ca/Portals/research/docs/reports/Portrait_Census2 011-12_Black_FINAL_report.pdf
- 6. The Toronto Foundation (2013). Toronto's Vital Signs: 2013 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://torontosvitalsigns.ca/

- 7. The Toronto Foundation (2014). Toronto's Vital Signs: 2014 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://2014.torontosvitalsigns.ca/full-report.pdf
- The Toronto Foundation (2015). Toronto's Vital Signs: 2015 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: https://torontofoundation.ca/sites/default/files/OP-TVS%202015-Full-Re port-PRINTING.pdf
- 9. Toronto Public Health (2014). Healthy Futures: 2014 Toronto Public Health Student Survey. Toronto, Ontario: Toronto Public Health. Retrieved

from:https://www1.toronto.ca/City%200f%20Toronto/Toronto%20Public%20Health/Performance%20&%20Standards/Healthy%20School/Files/pdf/StudentHealthSurveyWeb.pdf



ENGAGEMENT

- There is a strong link between sense of community belonging and physical and mental health.⁸
- Student participation in leadership and decision-making is linked to increased life-skills, self-esteem and social status, civic engagement, student-adult relationships, and school ethos.⁶
- Youth involvement in a range of extracurricular activities is linked to higher grades and educational expectations.¹
- There is a strong connection between service learning (i.e. volunteering) and academic outcomes.²
- Youth who are engaged in community service are more likely to volunteer in the future and have higher levels of political engagement.^{4,5}

- 80.5% of Toronto youth report a strong sense of belonging to their local community.⁹
- Young people who are civically engaged have higher self-esteem and grades, are more physically active, and show more commitment to their friends, families and communities.⁷
- Ontario youth volunteer at a higher rate than any other population.⁷
- Low voter turnout is the greatest among Aboriginal, ethnocultural and unemployed youth as well as youth with disabilities or special needs.⁷
- 18% of Toronto students reported that they did not feel comfortable talking to anyone about their personal problems.¹⁰
- For African-American and Latin American students, a sense of school belonging is a key motivator for academic success.³

 Students who feel a connection to their schools are less likely to engage in risky behaviours (such as early sexual initiation and violence).⁹





- 1Busseri, M. A., Rose-Krasnor, L., Willoughby, T. & Chalmers, H. (2006). Longitudinal examination of breadth and intensity of youth activity involvement and successful development. Developmental Psychology, 42, 1313-1326.
- 2. Celio, C. I., Durlak, J. & Dymnicki, A. (2011). A meta-analysis of the impact of service-learning on students. Journal of Experiential Education, 34, 164-181.
- 3. Faircloth, B. S., & Hamm, J. V. (2005). Sense of belonging among high school students representing 4 ethnic groups. Journal of Youth and Adolescence, 34, 293-309.
- Henderson, A., Brown, S. D., Pancer, S. M. (2012). Political and social dimensions of civic engagement: The impact of compulsory community service. Politics & Policy, 40, 93-130.
- Henderson, A., Brown, S. D., Pancer, S. M. & Ellis-Hale, K. (2007). Mandated community service in high school and subsequent civic engagement: The case of the "double cohort" in Ontario, Canada. Journal of Youth and Adolescence, 36, 849-860.
- 6. Mager, U., Nowak, P. (2011). Effects of student participation in decision making at school: A systematic review and synthesis of empirical research. Educational Research Review, 7: 38-61.
- 7. Ministry of Children and Youth Services (2014). Stepping Up: A Strategic Framework to Help Ontario's Youth Succeed. Ontario, Canada: Ministry of Children and Youth Services. Retrieved from: http://www.children.gov.on.ca/htdocs/English/documents/topics/youtho pportunities/steppingup/steppingup.pdf

- 8. The Toronto Foundation (2013). Toronto's Vital Signs: 2013 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: http://torontosvitalsigns.ca/
- The Toronto Foundation (2015). Toronto's Vital Signs: 2015 Report. Toronto, Ontario: The Toronto Foundation. Retrieved from: https://torontofoundation.ca/sites/default/files/OP-TVS%202015-Full-Re port-PRINTING.pdf
- 10. Toronto Public Health (2014). Healthy Futures: 2014 Toronto Public Health Student Survey. Toronto, Ontario: Toronto Public Health. Retrieved from:

https://www1.toronto.ca/City%200f%20Toronto/Toronto%20Public%20H ealth/Performance%20&%20Standards/Healthy%20School/Files/pdf/Stu dentHealthSurveyWeb.pdf